

Morningside Primary School Lunch Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Lamb lasagne	Beef sausages with onion gravy	Creamy chicken and leek pie	Tomato, basil and tuna pasta bake	Traditional fish and chips with tartar sauce
Main dish	Hoisin, Quorn and noodle stir-fry	Creamy root vegetable filo pie	Vegetable lasagne	Macaroni cheese	Vegetable potato cakes
Starchy dish		Mashed potato	Roast potatoes		Chips
Vegetable	Salad bar selection	Green beans Carrots	Red cabbage Green beans	Sweetcorn Peas	Peas Baked beans
Salad		Salad bar selection	Salad bar selection	Salad bar selection	Salad bar selection
Dessert	Pineapple and mandarin jelly	Syrup sponge and custard	Cheese and biscuits with grape pot	Fruit selection	Blueberry and pomegranate sponge
Fruit	Mixed fruit pot	Mixed fruit pot	Mixed fruit pot	Mixed fruit pot	Mixed fruit pot

Morningside Primary School Lunch Menu – Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Chilli con carne	Chicken and sweet pepper paella	Savoury minced lamb with herbed dumplings	Barbecue chicken fajitas with tomato salsa	Herby crust salmon fillet
Main dish	Cheese and leek quiche	Vegetable bean chilli	Sweet pepper and tomato pasta	Vegetable and lentil cottage pie	Cheese, and mixed pepper pizza (topping includes 7 different vegetables)
Starchy dish	Jacket potato half	Spanish Rice	Mashed potato (served with savoury mince)	Jacket wedges (served with fajitas)	New potato salad
Vegetable	Broccoli Sweetcorn	Green beans Carrots	Carrots Cauliflower	Salad bar selection	Baked beans Peas
Salad	Salad bar selection	Salad bar selection	Salad bar selection		Salad bar selection
Dessert	Fruity honey flapjack	Chocolate marble sponge and custard	Fresh fruit salad	Fruity shortbread	Orange and pomegranate with vanilla ice cream
Fruit	Mixed fruit pot	Mixed fruit pot	Mixed fruit pot	Mixed fruit pot	Mixed fruit pot

Morningside Primary School Lunch Menu – Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Coconut chicken curry	Minced beef puff pastry pie	Roast chicken	Cheese and tomato pizza with roquette	Battered fish
Main dish	Chickpea and vegetable wraps	Spicy vegetable rice	Vegetable Cornish pastie	Vegetable and Quorn bolognese	Vegetarian sausages
Starchy dish	Coriander rice	Mustard mash (served with Minced beef pie)	Roast potatoes	Pasta twirls Jacket wedges	Chips
Vegetable	Sweetcorn Broccoli	Green beans Carrots	Carrots Cauliflower	Salad bar selection	Peas Baked beans
Salad	Salad bar selection	Salad bar selection	Salad bar selection		Salad bar selection
Dessert	Fresh fruit salad	Lemon sponge and custard	Apple and cinnamon sponge and custard	Fruit yoghurt	Fruity flapjack
Fruit	Mixed fruit pot	Mixed fruit pot	Mixed fruit pot	Mixed fruit pot	Mixed fruit pot