

Where is your food from?

SPRING/SUMMER
2014



POULTRY
Springfield
Organic Poultry
Steensbridge,
Herefordshire



TURKEY
Springfield
Organic Poultry
Steensbridge,
Herefordshire



BEEF
Warner & Son
Tirley,
Gloucestershire



LAMB
Warner & Son
Tirley,
Gloucestershire



COURGETTES
Valefresco,
Evesham
Worcester



CARROTS
Farrington
Somerset



SPRING/SUMMER 2014 Gloucestershire Menu

Dietary Information

If your child has been advised by their GP or Health Care Professional to follow a special diet please contact us by calling 01452 881708

Free School Meals

It's easy to claim just call Gloucestershire County Council on 01452 425434

Contact Us

We will be delighted to hear from you, 01452 881708

www.edwardsandward.co.uk



working in partnership



edwards and ward
a recipe for success



Spring/Summer 2014

Week commencing

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

24/02/14
17/03/14
21/04/14
12/05/14
09/06/14
30/06/14
21/07/14
15/09/14
06/10/14

Chicken Pasta Bake
OR
French Bread Pizza
OR
Tomato Soup with filled Baguette
.....
Jacket Wedges
Peas and Salad
.....
Muller Yogurt

Spaghetti Bolognese with Bread
OR
Veggie Bolognese Spag with Bread
OR
Jacket Potato Topped with Cheese Beans or Tuna with Salad or Veg
.....
Sweetcorn
Carrots
.....
Chocolate Crunch and Choc Sauce

Roast Pork with Gravy and Roast Potatoes
OR
Mexican Vegetable Burrito
OR
Ham Salad with Roast Potatoes
.....
Broccoli
Carrots
.....
Ice Cream

Beef Lasagne with Bread
OR
Macaroni Cheese with Bread
OR
Jacket Potato Topped with Cheese Beans or tuna with Salad or Veg
.....
Peas
Green Beans
.....
Cupcake and Buttercream

MSC Fish Goujons
OR
Veggie Fingers
OR
Egg Salad with Chips
.....
Baked Beans & Peas Chips
.....
Jelly and Fruit

Week 2

03/03/14
24/03/14
28/04/14
19/05/14
16/06/14
07/07/14
01/09/14
22/09/14
13/10/14

Chicken Breast Bites
OR
Cheese & Tomato Pizza
OR
Salmon, Egg or Cheese Salad
.....
New Pots
Garden Peas
Seasonal Salad, Coleslaw
.....
Chocolate Brownie

Baked Sausages with Mash
OR
Vegetable Soup & Filled Baguette
OR
Veggie Sausage with Mash
.....
Carrots and Cabbage
.....
Fruit Crumble & Custard

Roast Turkey with Gravy and Roast Potatoes
OR
Vegetable Curry with Rice
OR
Tuna Jacket Potato with Salad or Veg
.....
Sweetcorn
Broccoli
.....
Jam Sponge & Custard

Handmade Beef Burger in a Bap
OR
Veggie Burger in a Bap
OR
Tomato Soup and Filled Baguette
.....
Peas and Salad with Jacket Wedges
.....
AppleCake and Custard

MSC Fish Fingers Birdseye
OR
Mixed Veggie Baguette
OR
Cheese Salad
.....
Garden Peas & Baked Beans Chips
.....
Iced Finger Bun

Week 3

10/03/14
31/03/14
05/05/14
02/06/14
23/06/14
14/07/14
08/09/14
29/09/14
20/10/14

Ham & Tomato Pizza
OR
Roasted Vegetable Pasta Bake with Bread
OR
Jacket Potato Topped with Cheese Beans or Tuna with Salad or Veg
.....
Saute New Potatoes
Sweetcorn and Carrots
.....
Giant Cookie

Chicken Curry with Rice
OR
Pinwheel with Wedges
OR
Egg Salad with Wedges
.....
Peas and Mixed Salad
.....
Lemon Drizzle Cake

Roast Gammon with Gravy and Roast Potatoes
OR
Vegetarian Quorn Korma
OR
Jacket Potato with Cheese
.....
Carrots and Green Beans
.....
Jelly with Fruit

Meatballs in Gravy with Rice or Mash
OR
Cauliflower and Broccoli Pasta Bake
OR
Tomato Soup with Filled Baguette
.....
Peas and Broccoli
.....
Vanilla Shortcake and Custard

Fish Harry Ramsdens
OR
Country Bake
OR
Tuna Mayo Salad
.....
Baked beans & Garden Peas Chips
.....
Flapjack

Fresh bread, fresh fruit and fresh drinking water available daily

The second choice each day is suitable for vegetarians. Our Pork is not locally sourced but outdoor reared and free range. The chicken, turkey and beef are all locally sourced. Fruit and vegetables are seasonal and where possible are also locally sourced. All our fish is MSC (marine stewardship council).