

Park High School



Meal deals help encourage a more varied diet and students enjoy the social experience

Park High School, Colne, Lancashire help encourage their students to eat a more varied diet and enjoy the social experience of dining with friends meal deals are now offered during the lunchtime service. The meal deal options were trialled in the summer term with feedback gathered in from students and parents before launching in autumn. School Council students report that since the introduction of the meal deal options everyone enjoys the meals more and think the quality of food has improved.

A choice of three different two course meal deals are on offer each day. There is also a lighter lunch option of a baked potato meal deal with a choice of two different fillings or a hot /cold sandwich meal deal. In addition students can help themselves to a drink, homemade bread, fresh fruit and salad which is available each day.

For students who have lunchtime club or sporting activity they are able to order a 'grab bag' sandwich meal deal at break to collect at lunch time.

School calculated that students can spend up to £4.00 per day for their lunch. The meal deals provide good value for money at £2.20 without compromise to portion sizes.

Parents can make payments on line for lunches and in future they will be able to view their child's lunch account and keep track of what they are eating during the school day. This will help parents/carers know that their child is receiving a nutritious, healthy and balanced lunch that will set them up for learning in the afternoon.