



'Fish week' – a whole school food event:

The Oval's 'Fish Week' is a fantastic example of how a school can involve both pupils and the wider community in food education around a specific theme and brings the Food for Life Partnership criteria on food provenance to life.

During the week, the main school hall was transformed into a fish market with a hands-on learning area. The activities included:

- Interactive learning through 'fishy facts'. A paddling pool was filled with cut out fish shapes holding interesting fish facts for children to catch and read.
- Pupils were able to dress up as a Fisherman and use life jackets and uniform for practical role-play. They were also given hands on experience of how fish is caught using net, rod and creel.
- The school organised an after school session for parents with Waitrose Fish Specialists to give advice. This gave parents the opportunity to try different types of fish as well as learning more about choosing sustainable varieties.
- A competition was held for parents - Fish Market 'Name that Fish'. Fresh fish was placed on display – supported by Waitrose – and parents were asked to identify them in order of popularity. Prizes of an organic food hamper and vouchers were given for those with the most correct answers.
- A Fishing Game competition was held for children, with prizes of cooking sets for the winners.
- During the week, one hundred recipe booklets were handed out alongside recipe sheets plus colouring-in, information and interactive games from the Marine Stewardship Council (MSC). A Marine Science Adviser also spent two days with the school to support science-based learning for pupils.

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