

## School Food Salad Tool (Level 2)

Indicator	SQPC Dimension*	Score
1. <i>Is salad accessible and well positioned in the dining area(s)?</i>	SQ3, PC4	
2. <i>Is salad presentation of a high standard?</i>	PC1	
3. <i>Is a choice of salads available?</i>	SQ3, PC1	
4. <i>Are salad choices replenished throughout the lunch service?</i>	PC1	
5. <i>Do salads include herbs or other produce grown by pupils in school?</i>	SQ1-3, PC1	
6. <i>Is salad included in all hot school lunch options?</i>	SQ3, PC1	
7. <i>Is salad included in all cold school lunch options?</i>	SQ3, PC1	
8. <i>Are utensils for pupils to self-serve salad easy to use and adequate in number?</i>	SQ2-3, PC1	
9. <i>Do pupils have guidance in understanding portion sizes for salad?</i>	SQ2, PC2	
10. <i>Are salad pieces easy for children to handle and to eat?</i>	SQ3, PC1	
11. <i>Are low fat, low salt dressings available for pupils to add to their salad (e.g. yogurt, lemon juice, pepper)?</i>	PC1	
12. <i>Are some salads pre-dressed?</i>	PC1	
13. <i>Do pupils assist peers in serving salad?</i>	SQ1-3, PC2, PC3	
14. <i>Do staff assist pupils in serving salad?</i>	SQ1-2, PC1, PC3	
15. <i>Is salad offered to pupils bringing a packed lunch from home?</i>	SQ3-4, PC1	

\*The SQPC dimensions indicated are the main ones supported by the food practice but are not necessarily exhaustive.

Score: 0 = No measures in place; 1 = new area of development; 2 = significant progress towards target; 3 = appropriate policies and practices are in place; 4 = Evaluation has shown that policies and practices are effective.

- ✓ If needed, adapt the indicators to reflect the way that salad is served in your school, e.g. at the hatch, at the table, self-serve or pre-packed (e.g. No. 8 may not be relevant if salad is pre-packed).
- ✓ Once you have completed the Salad Check Tool, reflect with your school community to identify what you are already doing well.
- ✓ Use the Highlights Action Tool to share and celebrate your successes.
- ✓ Use the Aspiration Action Tool to plan, implement and review your next small steps to raise your score in one or more of the Salad Check areas above.