

### Getting everyone involved at Takeley Primary School, Essex

"We get lots of opportunities to meet people who grow and cook and we can ask them questions." (Olivia)

This was crucial for us to enable the children to be able to make healthy choices about food. We have engaged with parents by giving them information in various forms but also by holding a range of activities such as parent cookery, parent/ child cookery and parent led cookery sessions.

Many of the recipes that the children use in their cookery sessions are available on our website and are included in our local magazine so that members of our community can also try them.

Our parents and members of our community have joined us for growing days and have helped us with projects such as constructing our polytunnel and potting shed.

We held several events at school when our bees arrived to give lots of information to our parents and the local community. Our parents have been very supportive and even found us sponsorship for a hive. Some of our parents have visited the hives during the summer holidays and helped us to harvest our honey along with the children.

