

Cooking at Takeley Primary School, Essex

All of our children have a minimum of 12 hours cookery during the school year. This is divided between skills based lessons which take place in our purpose built teaching kitchen. These sessions have small groups of children from different year groups and are led by parents, members of staff and volunteers from the community. Often the children have the opportunity to eat what they have made at the end of a session where they sit around a table and discuss what they have made. Some of the popular recipes that the children have made are published in the village magazine so that parents (or other members of the community) can try them at home.

Other cookery is carried out as part of class teaching. Sometimes the children taste new foods to experience a wide range of flavours and at other times the children carry out cookery as part of the topic work that they are doing in class.

The children have the opportunity to take part in cookery club after school run by two of our teachers. Over the last few years there have also been parent cookery classes to help the parents improve their skills.

